

# ONE DAY AT A TIME

## Youth and Family Mode



### ABOUT US

One Day at a Time (ODAAT) is dedicated to serving low-income, homeless, and unhoused individuals and their families in the Philadelphia area affected by addiction and various sexually transmitted infections. ODAAT also focuses on building stronger communities through its anti-violence and recovery initiatives.

The **Youth and Family Mode (YFM)** initiative is an expansion of ODAAT's commitment to empowering young people and their families through events, services, and mentorship. With a dedicated team of professionals, this program provides vital support and opportunities to inspire resilience and foster positive change in the community.





### OUR MISSION & VISION

Our mission is to empower at-risk youth and their families in Philadelphia to break the cycle of violence and create lasting change. Through mentorship, workforce development, outreach, and community organizing, we focus on youth as agents of change, positioning them as vital contributors to solutions in neighborhoods most affected by violence. Aligned with ODAAT's holistic approach to saving and transforming lives, we aim to foster leadership, reduce violence, and replace cycles of trauma with opportunity and hope.

### WHO WE SERVE

The YFM initiative serves families and at-risk youth in Philadelphia, particularly those in neighborhoods deeply impacted by gun violence and systemic challenges. By addressing the root causes of violence and instability, YFM works to build stronger, safer communities while empowering youth to envision and achieve brighter futures.

### OUR GOALS

-  **Empower Youth Through Consistent Engagement:** Ensure sustained participation by providing at least 25 weeks of programming annually, fostering growth in resilience, leadership, and social skills.
-  **Enhance Workforce and Educational Opportunities:** Equip youth with certifications and life skills through job readiness training, helping them develop professional competencies.
-  **Support Social-Emotional Development:** Provide counseling and mentorship to address emotional well-being and guide participants toward personal and professional success.
-  **Inspire Positive Change in the Community:** Foster a commitment to breaking the cycle of violence, encourage participants to engage in community transformation and a growth mindset.

## OUR PROGRAMS & APPROACH



**Youth Recovery Mode:** provides a safe space for our youth to build interpersonal skills and resilience through year-round interactive activities, career exploration, and counseling, helping them overcome the challenges of violence and drugs to achieve personal growth.



**Saturday Camp Miracle:** engages youth between the ages of 7 and 16 in explorative clubs that appeal to their interests.



**Flag Football & Basketball:** in partnership with Temple University, provides a safe, fun environment where youth engage in positive activities and connect with collegiate mentors to build relationships and reduce violence.



**Workforce Training:** a 3 month program to equip youth and young adults with essential skills for employment success.

Our work seeks to address the significant issue of both general and gun violence in Philadelphia by continuously applying a strategic approach consisting of three key phases:

- 1 Pre-Identification of Community-Specific Needs and Solutions
- 2 In-Program Identification of Individualized Needs and Holistic Support
- 3 Implementation of 90-Day Workforce Development Component



## IMPACT SNAPSHOT

316

youth participants  
served in 2024

200

mentors &  
volunteers

500

youth contacted  
through outreach

44

# of weeks youth participants  
are in programming

## GET INVOLVED

One Day At A Time (ODAAT) is committed to breaking the cycle of violence in Philadelphia by coordinating community violence intervention efforts across organizations and improving resource accessibility. By actively bridging gaps in service coordination, ODAAT's YFM initiative aims to create a more connected and supportive environment for youth and families. We invite you to get involved by volunteering, interning, participating in our programs, or contributing as a sponsor to support this crucial work in reducing violence and building community resilience. Please visit our website for volunteer and donation opportunities.



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